

Information Pack



Introduction

What is Homelessness?

The Cathedral Archer Project (CAP) believes a place we can call home is an essential part of life which means much more than shelter and safety. A home is a place:

- which gives personal security because it helps express who and what we are
- we decorate in our own style
- where we store important documents and personal affects that are meaningful to only to ourselves and close loved ones
- where we can do things our way, cook our food, watch our programmes or listen to our music

A home then, is a place which speaks of us and without it we lose part of our voice and sense of being. When we are homeless, we are dispossessed of more than the walls of security; we lose part of our identity, our space and our confidence. To be homeless can mean a range of different things. For example, we cater for:

- Rough sleepers
- Sofa surfers
- People living in hostels
- People transitioning to privately rented accommodation

CAP's vision is to help homeless people create homes and in so doing create lives enriched by its space and content and the sense of being it brings.

How big is the problem?

- *Nationally*, after years of declining trends, 2010 marked the turning point when all forms of homelessness began to rise. Unfortunately, it is likely that homelessness will increase yet further, as the delayed effects of the economic downturn, cuts to housing benefit and other reforms all start to bite.
- *In Sheffield*, numbers presenting at Sheffield City Council Housing Solutions are increasing as are the numbers of people sleeping rough (*Table 772, statistics on homelessness, from government statistics on homelessness*).

What are the effects of Homelessness?

There are many reasons why people become and remain homeless, some of these are complex and overlap. There is much more to resolving this issue than just putting a roof over a person's head. Their issues in addition to being homeless can be compounded by isolation and they can find it difficult to access the help they need.

New research for Crisis has shown that homeless people die 30 years before the national average, at just 47 - a shocking statistic that has not improved in the last two decades.

The Cathedral Archer Project

The Cathedral Archer Project is a day centre for homeless and potentially homeless people in Sheffield. We work with our clients to support them from chaos to stability.

In 2012 CAP supported 1,198 people of which 585 were new to the project or had not visited in the last 12 months.

In what ways do we help?

1. Crisis support

- Food
- Showers
- Emergency clothing
- Telephone and computer access
- Postal address/mail collection



2. Medical support

- Nurse 3 x a week in specialist medical room
- Dentist weekly in specialist medical room
- Signposting to alcohol and drug agencies
- Health screening programmes (Hepatitis & HIV)
- Regular health promotions
- Health and wellbeing activities
e.g. walking group, boxercise, healthy eating



3. Move on opportunities

- 1-1 development plans with staff
- "Partner Programme": internal volunteering
- Literacy, numeracy and basic IT classes
- "The Works": help with job searches and CVs
- Budgeting advice
- Over 20 activities to cover all interests e.g. gardening, film club, art, craft, jewellery, model making, fishing, basic DIY, plastering, music



CAP- Structure and People

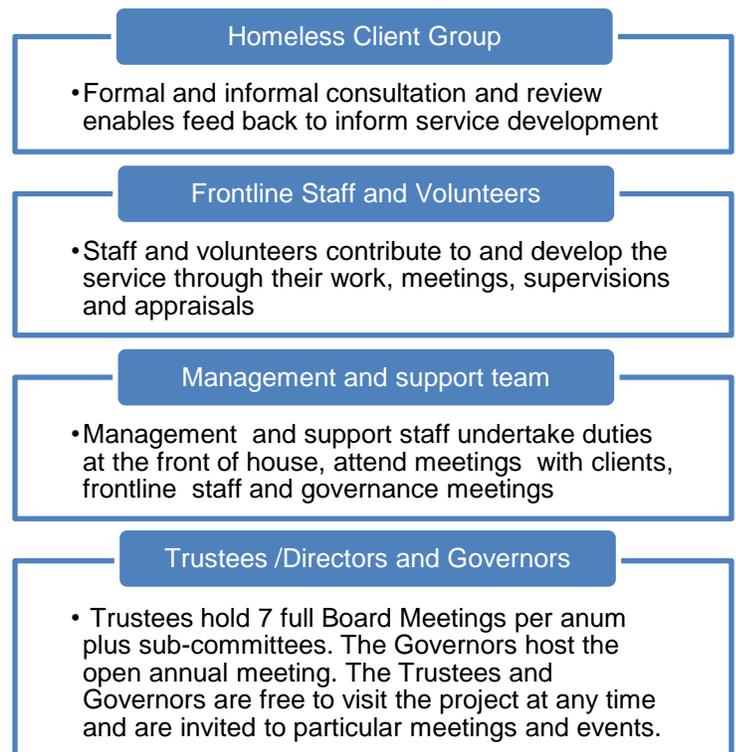
History

The Cathedral Archer Project traces its beginnings back to 1990. Sheffield Cathedral noted the number of homeless people using the shelter and offered them a simple breakfast. The concern of the congregation led to research into what else was available for homeless people. This led to the establishment of two projects; the breakfast project and a club for homeless adults called the Archer Project. The two merged as one charity in 1996 and became The Cathedral Breakfast and Archer Projects Ltd. In 2006, the name was changed again to signify the unity and, in 2007, it moved into its purpose built accommodation. It became The Cathedral Archer Project Ltd. and the directors/trustees ensure a business approach to sustainability and service development.

Relationship with the Cathedral

CAP is independent from Sheffield Cathedral and is not a faith-based charity. However, CAP is based in the cathedral building and they both make the most of shared resources.

Organisational structure



Trustees

Sarah Bowler (Chairman)	Dr David Cottam	Lynne Hoy
Gareth Owen	Giles Bloomer	Nicola Smith
Neil MacDonald	Eamonn Hunt	Graham Congreve

Staff Team

Tim Renshaw	Chief Executive
Andy Parfremment	Centre Manager
Anne McGolrick	Office Manager
Christine Leach	Finance
Colin McFarlane	Chef
Jayne Hilton	Health Worker
Joe Llander	Activity Coordinator
John Roberts	Activity Coordinator
Rachel Marshall	Tutor
Ruby Baker	Marketing and Development Assistant
Sam Pryor	Breakthrough Worker
Sharon Collins	Alcohol and Drug Support – Project Worker
Tamzin Crane	Administrator
Tom Williams	Volunteer Coordinator Assistant
Tracy Viner	Marketing and Development Manager

Governors

Very Revd Peter Bradley	Right Revd Steven Croft	Lord Scarborough
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Contact us

Phone: 0114 321 2311 (Admin)	0114 263 6970 (Project)
Email: archer@sheffield-cathedral.org.uk	Donate:
Website: www.archerproject.org.uk	www.justgiving.com/cathedralarcherproject
	Twitter: @ArcherProject

The Partner Programme

2013 saw the completion of our Partner Programme. This is a development volunteer programme for our clients that supports them with volunteer and training opportunities in the project with a view to working towards employability at the end of their 2 year plan. The model aims to assist clients to achieve their personal goals, through supporting them to move away from street life into lives that are more secure, stable and meaningful. This has helped us gain the Investing in Volunteers Award – a nationally recognised award.



Quotes:

“Volunteering lifts my soul; it’s making me stronger and boosting my self-esteem”
Ange, Partner Volunteer

“I couldn’t believe that someone believed in me and recognised my potential”
Suzanne, Partner Volunteer

“I feel proud to give my time to volunteering and helping make a difference”
Jayne, Ex-Partner Volunteer, now employed at CAP

“They’ve done a lot for me so it was my way of giving something back”
Sid, Partner Volunteer

See video at <http://www.youtube.com/watch?v=GyqGYmz-BQU>

Case Study - Penny's story

When Penny first came to the Cathedral Archer Project at the end of 2009 she was sleeping in a tent and surviving by drinking all the time. She was angry and aggressive, very noisy and disruptive.

Penny had medical issues as well as being malnourished and was in desperate need of accommodation. Penny started attending the project regularly and worked 1-1 with Sam, our Project Worker. Initially, it was difficult to find Penny temporary accommodation due to rent arrears but with support these were brought under control and accommodation secured. She was accompanied to various medical appointments and joined in the women's group. Penny's attitude started to change and she wanted to get more involved. She started to take part in the walking group and asked to join in the volunteer programme.

As a client volunteer, Penny had to have boundaries and confidentiality training as well as learning about the job. She had to attend on time, and for the first time was trusted to take on responsibilities. For Penny this was life changing, she developed a sense of pride in her work and her self-esteem grew, her appearance improved and she wanted to learn more.

It has not been a straightforward journey. Penny has had to learn to manage her anger, needed space to chill out if she wasn't coping and access to staff to support her. She still needs support with some of her medical appointments but her role as a volunteer has grown.

Most days Penny is in the project, looking after the lounge area but not just doing the role but helping train new volunteers in the right way to do things and to the highest standards.

Penny is looking for new challenges and is starting to learn about work in other areas of the project making her invaluable. Penny will continue need our support but she is also adding value every day.

Client volunteers make up 47% of the volunteers that help run the Cathedral Archer Project. They are all on a 2 year development plan. Volunteers deliver over 200 hours of support each week to the project, equivalent of approximately 5 members of staff. They help everywhere, from serving the food and washing up, to doing the laundry, keeping the lounge clean, running reception and supporting the project staff.



How can you and your organisation help?

Make a donation

Funds are always required. It costs £550,000 pa for the Cathedral Archer Project to offer vital services that benefit about 80 people each day. Our work would not be possible without the financial help of people like you.

Select CAP as your charity of the year

Having one specific charity can save loads of time, offer higher levels of media coverage opportunities and make a larger impact for the cause you are supporting.

Take part in a CAP event

We have events to suit everyone throughout the year:

- February - **CAP Day** is our annual fundraising day where anything goes. Dress-down days, coffee mornings, bake sales have all been successful.
- March & September – **Sleep Out**. People from across Sheffield gather to sleep outside the Cathedral for a night in a sleeping bag. They are always guaranteed to be great fun! Through sponsorship, you agree to raise as much as you can for CAP prior to the event.
- Or you can organise your own **Sleep Out** with our support.
- Keep an eye out for & talk to us about our events during **Harvest** and **Christmas**



Give donations in kind

At CAP we always have a list of food and toiletry items that are required. We need outdoor clothing, socks, underwear, hats, gloves, sleeping bags and holdalls

Volunteer

There are many ways to volunteer at CAP, it is not always about working in the Project, we need small teams to help us at Harvest time to sort and store donations. There are often opportunities to help with the store management. There may be some in-house expertise that you can offer that CAP could not otherwise afford.

Organise your own fundraising event for CAP

We would be delighted to support any event with posters, promotion and advice. Anything you decide to do, we will help you set up an online fundraising page.

Join our Breakfast Club (Companies only)

Be a part of something great by supporting a week of breakfasts each year. By contributing £624 a year, you will gain membership to the Breakfast Club - this will support us to provide 50 breakfasts a day, 5 days a week.

As well as providing an essential lifeline for people, breakfast offers us the chance to engage with our clients and give them the foundations for change. Everyone who visits the project for breakfast also has access to lunch, health support and occupational activities.



Membership benefits for your company include PR opportunities, your place in the Breakfast Club hall of fame, invites to all launch and networking events, your chance to serve breakfast during your week and a limited edition certificate.

An example of corporate support

Challenge Days: As an example, PwC sent their Sheffield team to take part in a Scavenger Hunt for CAP. Teams were given a checklist of items, such as tins of food and stationery, to source and obtain free of charge. PwC management were amazed at how the challenge brought out new sides to their staff and at how much they learnt about individuals. Participants were also amazed at how difficult it is to ask businesses for donations, giving them a greater understanding of the challenges faced by charities.

What impact will your support have?

For us:

- Quite simply, *you will enable us to continue saving lives*

For you:

- Opportunities for staff to learn new skills and gain a wider perspective
- Opportunities to raise the profile of the organisation
- Impact of increased CSR profile helping win new business
- Opportunities to learn about staff teams in new environments