

What we do.

From sleeping bag to employment, and enjoyable and fulfilling lives, we help homeless and vulnerable people to build their own nests.

At the Cathedral Archer Project (CAP) we support nearly 1300 people a year who are homeless, are at risk of homelessness, or are working towards creating their own happy and fulfilling lives. Through 1-1 support, activities, volunteering, and employment we help every individual who walks through our doors to not only have aspirations but to achieve them.

Coleen's Story (For example...)

Coleen came to the Project for the first time almost 10 years ago. She rough slept on the streets after leaving home because of domestic violence. But once homeless she drank more to forget about losing her children, and to cope with rough sleeping. After being told she had 6 months to live, she decided to change her life. After far too many years on the street she turned it all around, she joined our Just Works programme, is now employed and her children are a part of her everyday life again.

"Now I can do stuff ordinary people do. I can go to the cinema or lock the door and enjoy being safe in my place. I can help my kids out and I see them nearly all the time"

— Coleen

The Cathedral Archer Project (CAP) by numbers

75

The average number of people Cathedral Archer Project supports every day working in partnership with organisations to support those who use the centre.

c.1300

The number of individuals our staff work with over a year.

1000+

Food parcels handed out in Sheffield in 2019

17,000+

Breakfasts served per year in Sheffield.

"At The Archer Project we help homeless and vulnerable adults to lead fulfilling and enjoyable lives. We believe that every person who comes through our doors is an individual with talents, the ability to live a healthy, sustainable life, and who, in time and with support, will have aspirations they want to achieve. It is our experience, supported by research, that through building positive relationships, we can help people change their lives for the better."

Please help us to help homeless & vulnerable people help themselves.

Take part in our Archer My Sleep In challenge and help us change lives.

archer@archerproject.org.uk

0114 321 2318



Helping homeless people to build their own nests.

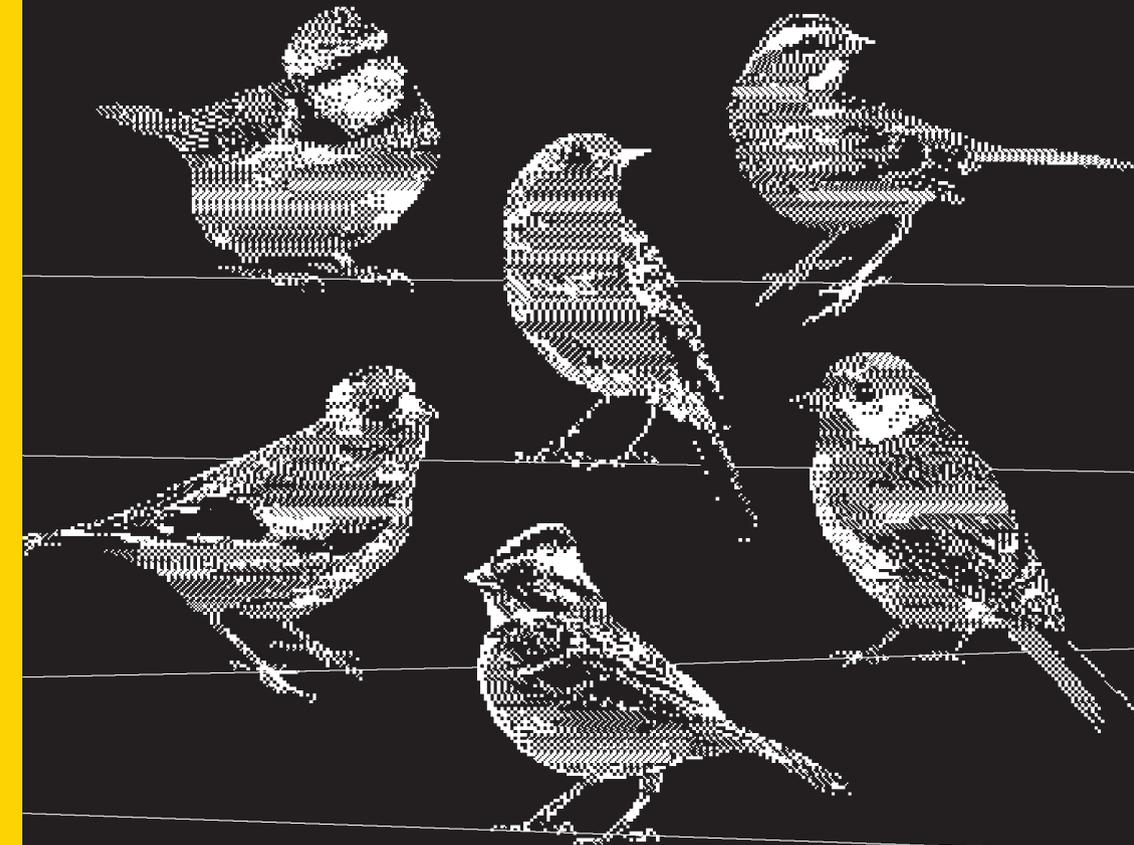
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#ArcherMySleepout

Our guide to organising your own Sleep Out event to help The Archer Project continue to help homeless and vulnerable people help themselves

The Archer Project's My Sleep Out! – Your guide.



What is a Sleep Out?

A chance for you to shout out about the Archer Project and raise funds to support our work with homeless and vulnerable adults; giving you an insight into the challenges faced by those who rough sleep every night.

How do you Sleep Out?

We've listed a few things you'll need to think about when putting your Sleep Out together.

Where will you Sleep Out?

- At Work
- At School
- At Home
- At a Community Centre

etc

Though you may want to make your Sleep Out experience authentic, we recommend you find somewhere that has an indoor *and* outdoor space so when it decides to rain or snow you have somewhere to go.

When choosing where you want to do your Sleep Out remember to get permission before you start advertising.

Essential Kit

Remember that even if you have an indoor space it can be cold. So here are a few things you want to think about having with you

- A sleeping bag
- A roll mat or piece of cardboard
- Warm clothes and waterproofs
- Water

Your Sleep Out!

This is YOUR event and we want you to enjoy the experience while reflecting on homelessness and raising money to help us help combat it.

So remember the FUN in FUNdraising!

Make it as Fun as possible

Competitions (best shelter or best chilli or best cocktails or best tiktoks etc)

Quizzes (just your group or link-up online)

Make or Put on Live Music

Perform a Play and stream it

Fancy Dress or Themed Events (Vintage '40s or Medieval etc)

Warm Food and Drinks

Shared Experience (Sharing sounds like caring!)

Have Fun But Stay Safe!

Remember that as you have organised this event, you need to think about the health and safety of your participants.

You need to think about possible risks and accidents. Put in place a risk assessment, and have suitable public liability insurance cover.

• **First Aid.** Have a qualified first aider on hand. Better safe than sorry.

• **Weather.** Think about an indoor space as we all know the British weather can change fast.

• **Children.** If you are having an event with children make sure you have written permission from parents and guardians. DBS checks should also be considered if necessary.

Disclaimer

The Cathedral Archer Project cannot take any responsibility for safety and legal issues at third party events.

Fundraising.

There are lots of ways you can fundraise, whether through setting up an online Giving page on sites such as JustGiving and sharing it with your friends, or by having a traditional sponsorship form.

Fundraising Top Tips

#1 **The Quest.** Set a fundraising goal so you have a target to aim for – it focuses you, your fundraisers and your supporters.

#2 **Thumbs Up!** Share and 'like' your event to friends across social media, and shout out loud about your successes. #myarchersleepout

#3 **Tell your friends and family** (and everyone else!) that you are supporting The Archer Project.

#4 **Almost Famous!** Put up posters (legally!) in your local area. Maybe you can think of some more innovative ways to promote Your Sleep Out?

#5 **Sharing sounds like caring.** Let us know what you're up to so we can share it too (and let you know what other people are doing. #teamwork)

Help!

If you need any help with your fundraising, then get in touch with our team who are on hand to answer any of your questions.

archer@archerproject.org.uk

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